## West Michigan 'D' League Competitions

## Participating Schools for XC:

- Marion - Baldwin
- Bear Lake
- Big Rapids Crossroads Academy
- Brethren
- Pentwater
- Mesick
- Walkerville
- Mason County Eastern


## Competition Dates:

$\rightarrow$ Jamboree @ Mason County Eastern: Sept. $9^{\text {th }}$, 2020
$\rightarrow$ Jamboree @ Bear Lake: Sept. 16 ${ }^{\text {th }}, 2020$
$\rightarrow$ Jamboree @: Mesick: Sept. 23 ${ }^{\text {rd }}, 2020$
$\rightarrow$ Championships @ Marion: Oct. $7^{\text {th }}, 2020$

## Event Description and Order for 2018:

West Michigan 'D' League competitions consist of a series of three Jamboree races and a Championship race. To compete in the Championship race, athletes must participate in 2 of the 3 jamborees. Order of events will be as follows:

$$
\begin{array}{ll}
\rightarrow & 4: 15 \mathrm{p} . \mathrm{m} . \mathrm{JH}(6 / 7 / 8) \text { Boys and Girls race together } \\
\rightarrow & 4: 45 \mathrm{p} . \mathrm{m} . \text { Boys varsity race } \\
\rightarrow & 5: 15 \mathrm{p} . \mathrm{m} . \text { Girls varsity race } \\
\rightarrow & 5: 45 \mathrm{p} . \mathrm{m} . \text { Elementary "Open" race (if available) }
\end{array}
$$

(times after the initial race are approximate and will take place after the completion of the previous race)

## Conference Honors and Awards:

Individual varsity runners can earn All-Conference Honors by placing well during the Championship meet. In XC, the top 40\% of competitors in the Championship meet will be recognized as the all-conference team. As a result, the total number of all-conference honorees will vary from year to year with the number of athletes participating in the meet. The top 7 finishers will be considered ' 1 st team, finishers in the $8^{\text {th }}-14^{\text {th }}$ position are ' 2 nd' team, and any remaining runners in the top $40 \%$ will be considered 'honorable mention'. In junior high, individual ribbons will be given at the Championship meet based on the athlete's finish position for each gender. $1^{\text {st }}-5^{\text {th }}$ place will receive blue ribbons, $6^{\text {th }}-10^{\text {th }}$ place will receive red ribbons, and $11^{\text {th }}-15^{\text {th }}$ place will receive white ribbons.

Team scores will be kept at each competition and combined at the end of the series to determine our overall place in the WMD League. The champion is determined by averaging the team's average finish in the jamborees (50\%) with the teams' finish in the League Championship meet ( $50 \%$ ). Varsity boys and girls are scored separately and are determined by combining the finish place of our top 5 runners for each gender. The top 7 runners on our team are counted in the finish order and act as 'displacers' which can add place points to the teams we compete against. Junior High team scores are COED but are calculated just like the varsity with a combination of the top 5 boys and girls places combined. Only the Championship race will be used to determine the JH team Champion.

